



Curriculum Vitae

Dr. Vigneshwar Bhat

Philosopher, Spiritual Consoler, Consultant

Specialization

MA Sanskrit, MA Philosophy,
Vatulagama, Krishnayajurveda,
Vedic Studies, Chanting, Rituals

Proprietor

Rushikulam, International center
for Indic studies and research

Director

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Dr. Vigneshwar Bhat

Ph.D., M.A. Sanskrit, M.A. Philosophy, Krishna Yajurveda, Vatulagama,
Dharmashstra, Shakta Tantra, Śāuta, Smārta, Tāntrik and Paurāṇik studies in
Gurukula system

Dr. Vigneshwar Bhat

Philosopher, Spiritual Consoler, Consultant

Dr. Vigneshwar Bhat is a distinguished philosopher and spiritual consoler with extensive expertise in Sanskrit and philosophy. He holds dual master's degrees in MA Sanskrit and MA Philosophy. Dr. Bhat has specialized knowledge in Vatulagama and Krishnayajurveda, making significant contributions to Vedic studies, chanting, and rituals.

Dr. Bhat is the proprietor of Rushikulam - International Centre for Indic Studies and Research is dedicated to the exploration and dissemination of traditional Indian knowledge systems. Our mission is to provide practical and profound insights into

yoga, the Vedas, Tantras, Indian philosophies, and life education. At Rushikulam, we believe in living and learning through authentic experiences deeply rooted in Indian traditions.

Additionally, Dr. Bhat is the director of both the Samhithaa Trust and Sadhanaganga LLP, organizations committed to the promotion of spiritual and philosophical knowledge. His work reflects a profound commitment to the preservation and dissemination of Vedic wisdom.

Earlier he was working as Assistant Professor in Amrita Darshanam (International Centre for Spiritual Studies), Amrita School of Arts and Sciences in Mysuru. He is also working as Assistant Professor at the Department of Languages, School of Arts and Sciences, Amrita Vishwa Vidyapeetham, Mysuru.

Research Interests:

Indian Philosophy, Yoga, Vedas, Sanskrit, Indian Culture and Traditions.

Dr. Vigneshwar Bhat completed his Ph.D. on Karma Meemamsa at Karnataka Sanskrit University in 2018, under the supervision of Dr. Manjunath Bhat. Dr. Vigneshwar Bhat obtained his M.A. with gold medal award in 2013 in Poorvameemamsa Vidwat Uttama. He has another M.A. in Sahitya Acharya from Rashtriya Sanskrit Vidyapeetha Tirupati in 2011. He is qualified in University Grants Commission National Eligibility Test, a very rigorous examination for determining the eligibility for the post of assistant professor in Indian universities and colleges. He studied *Śāuta*, *Smārta*, *Tāntrik* and *Paurāṇik* rituals in the traditional Gurukula system. He has a keen interest in promulgating traditional Indian culture throughout the world and conducting scientific research on Indian scriptures to reveal their efficacy.

Dr. Bhat represented Karnataka State in various national level elocutions and philosophical debates and was awarded one gold medal, two silver medals and one

bronze medal. For his achievements the Governor of Karnataka awarded him a State Gold Medal.

Dr. Bhat has received honorary awards from Sonda Swarnavalli Vidwat-Sabha, Shri Akhila Havyaka Mahasabha, Yellapur and Sharada-Utsavasamiti Kalache for his social services and achievements in Sanskrit and philosophy.

Dr. Bhat has served as a Resource Consultant for faculty development programs, international conferences, and was invited to give talks on Yoga, Sanskrit, Indian philosophies and Indian traditions in prestigious national and international institutions and has trained many Yoga teachers and students in different parts of the world.

Dr. Bhat has conducted many conferences, seminars and workshops. They include: Three-day National Seminar on Texts and Manuscripts of Vedic Corpus—Sources of Indian Knowledge Traditions; Three-Day International Virtual Workshop on The Ideology Inherent in the Tradition of Vedic Recitation and Practices—An Introduction, First International Yoga Conference on Yama, Niyama, Asana and Pranayama; 30-Day International Rehabilitation workshop for Norwegians drug addicts through Karmayoga (selfless service); Seven-Day International Karma Yoga, a Workshop and Awareness Program on Relevance of Manuscripts. Dr. Bhat also served as Resource Person in many international conferences (in-person and virtual) in different parts of the world, including Germany, Norway, United Kingdom, United States, Dubai, UAE, etc.

Resource Person for Conferences and Symposiums:

- 2023 Resource Person, Chief Guest and Chief Adviser for the World Conference on Contribution of Indian Knowledge and Sanskrit to Humanity at Srinivas University, Mangaluru, India.
- 2022 Resource Person for International Yoga fest organized by Nøsen Yoga Retreat Center, Nosen, Norway.
- 2022 Resource Person for Online Elementary FDP on Robot Operating Systems (ROS) organized by AICTE Training Learning (ATAL) Academy and GSSS, Mysuru.
- 2021 Resource Person for Six-day National Online FDP Manah Prabodhanam: Empowering Teaching Professionals—A wellness Initiative Jointly organised by IQAC and Department of Languages, Amrita Vishwa Vidyapeetham, Mysuru Campus, Karnataka, India
- 2021 Resource Person for a Three-Day International Virtual Workshop on The Ideology Inherent in the Tradition of Vedic Recitation and Practices—An Introduction organized by Amrita Vishwa Vidyapeetham by Amrita Darshanam, International Centre for Spiritual Studies & South Zone Cultural Centre (SZCC) Thanjavur, Ministry of Culture, Government of India.
- 2021 Resource Person for Three-Day National Seminar on Traditional Chanting of Veda: with special reference to south Indian states, jointly organized by VMB, VRC Thrissur and South Zone Cultural Centre (SZCC) Thanjavur, Ministry of Culture, Government of India.
- 2019 Resource Person for Three-day National Seminar on Texts and Manuscripts of Vedic Corpus—Sources of Indian Knowledge Traditions jointly organized by Amrita Vishwa Vidyapeetham by Amrita Darshanam– International Centre for Spiritual Studies & South Zone Cultural Centre (SZCC) Thanjavur, Ministry of Culture, Government of India.
- 2018 Resource Person for International Yoga fest organized by Nøsen Yoga Retreat Center Nosen, Norway.

- 2017 Resource Person for Motivational talk on Vedic lifestyle (*Bharatiya Samskriti* and *Dharma*) organized by Shree Parashara Gurukulam, Belagola, Srirangapatna, Mandya, Karnataka, India.
- 2017 Resource Person for Seven-Day- International Karma Yoga workshop jointly organized by Samhithaa Trust Karnataka, India and Back in the Ring, Nosen, Norway.
- 2016 Resource Person for Yogic Training Course organized by Mysurumunchschool of Ashtangayoga, Munch, Germany.
- 2016 Resource Person for International Yoga fest organized by Nøsen Yoga Retreat Center Nosen, Norway.
- 2015 Resource Person for International Yoga Teaching Training Course organized by Puro Yoga, Oslo, Norway.
- 2015 Resource Person for International Yoga fest organized by Nøsen Yoga Retreat Center Nosen, Norway.
- 2015 Resource Person for First International Yoga Conference on Yama, Niyama, Asana and Pranayama jointly organized by Samhithaa Trust, Karavara, Karnataka, India, Puro Yoga, Oslo, Norway, and Karnataka Sanskrit University Bengaluru, Karnataka, India.
- 2014-15 Resource Person for 30-day International Rehabilitation workshop for Norwegian drug addicts through Karmayoga (selfless service) jointly organized by Samhithaa Trust, Karavara, Karnataka, India, and Back in the Ring, Nosen, Norway.

Reviewer/Editorial Board Member

- Editorial Board Member for IJSER International Journal of Scientific and Engineering Research, ISSN 2229-5518, Area of Membership - Vedic sciences and Sanskrit.

- Editorial Board Member for IJRAR International Journal of Research and Analytical Reviews, E-ISSN 2348-1269, P- ISSN 2349-5138, Sanskrit & Philosophy ID - 117529
- Reviewer for journal, Yoga Vijnana-The Science and Art of Yoga, Morarji Desai National Institute of Yoga (MDNIY) Ministry of AYUSH, Government of India.
- Journal of Veda Samskrita Academy ISSN 2250-1711

Papers Presented in Seminars/Conferences:

2018 Presented Stories Found in the Treatises of Mīmāṃsā in National Symposium on the Storytelling Tradition of Sanskrit, organized by Amrita Vishwa Vidyapeetham, Amrita Darshanam International Centre for Spiritual Studies, in association with Sahitya Akademi, New Delhi

Funded Project

Editing and Publishing of Dharmasanchara Manuscript Sponsored by Central Sanskrit University under the Aashtaadashi schemes, expected grant 250,000 INR.

Trust and Foundation

- Founder Trustee of Samhithaa Trust Karnataka India (NGO)
 - Member of Sadhanaganga LLP, Karnataka, India
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PUBLICATIONS

Books

Dr. Vigneshwar Bhat, "*Meemamsakaradeepika*", (Yajurvedi Pratishthanam, 2013)

Dr. Vigneshwar Bhat, "*Agastya Maharshi*", (Shri Bharatiprakashana, 2014)

Journal Articles

Dr.Vigneshwar Bhat, "*viśvaśāṃtigāgi yogodaya*", (International Journal of Kannada Research, vol. 7, no. 4, 2021), pp. 44–49.

Dr.Vigneshwar Bhat, *Smṛtyuktaśaucācārāṇām vaijñānikatā* , (International Journal of Multidisciplinary Educational Research, vol.10, no. 9,7, 2021), pp. 20–23.

Dr.Vigneshwar Bhat, "*Viniyogapratipādakānām ṣaḍaṅgatāgrāhakaḥkapramāṇānām parāmarśaḥ*", (Shikshan Sanshodhan Journal of Arts, Humanities and Social Sciences, 2021)

Dr.Vigneshwar Bhat, "*Viniyogapratipādakānām ṣaḍaṅgatāgrāhakaḥkapramāṇānām-parāmarśaḥ*", (Shikshan Sanshodhan Journal of Arts, Humanities and Social Sciences, vol. 04, no. 09, 2021), pp. 01–03.

Dr.Vigneshwar Bhat, "*Investigative Studies on Six Splitting Theories of Ritual Name*", (International Journal of Multidisciplinary Educational Research, vol.10, no. 1,1, 2021), pp. 01–06, 2021.

Dr.Vigneshwar Bhat, "*Annambhaṭṭ, a kṛtāyāḥ tanr,vārtikavyākhyāyāḥsubodhinyāḥ samīkṣātmakam adhyayanam nyāyasaṅgrahaśca*, (International Journal of Multidisciplinary Educational Research, vol. 07, no. 10,2, 2018) pp. 132–144, 2018.

Dr.Vigneshwar Bhat, "*Mīmāṃsāsāstrada viśeṣate*", International Journal of Kannada Research, vol.4, no. 3 part C, 2018) pp. 130–138.

Dr.Vigneshwar Bhat, *Laukikālaukikasukhasampādanatvena purāṇeṣuvihitatulasī-sevanasya vimarṣātmakamadhyayanam*, International Journal of Sanskrit Research, vol.4, no. 4 part A, 2018), pp. 9–11.

Dr.Vigneshwar Bhat, *subodhinyanusāraṃ prāyāścittena pāpāpūrvāṇāṃdhvaṃsa-pratipādatvanirūpaṇam*, (International Journal of Multidisciplinary Educational Research, vol.07, no. 2,3, 2018) pp.95–99.

Dr.Vigneshwar Bhat, "*pūrvamīmāṃsādarśanasārasaṃgrahāvalokanātmakamadhyayanam*", International Journal of Sanskrit Research, vol.3, no. 3 part C, 2017), pp. 132–133.

Dr.Vigneshwar Bhat, "*subodhinyādiṣu pratipāditabhāvārthabhāvanayoḥ avalokanam*", (International Journal of Sanskrit Research, vol.4, no. 4 part A, 2017), pp. 25–27.

Dr.Vigneshwar Bhat, "*bhāradvājapraṇīte vaimānikaśāstre lohoddhārakramanirūpaṇam*",
(Rasana (print), vol.1, no. 1, 2015) pp. 13–14.

Co-authored research papers: more than 156 papers

1. Ekādaśī Upavāsa – Benefits of Indian Practice of Fasting
2. Historical Analysis Of Culinary Practices
3. An Elucidation Of Financial Governance in Indian Traditions
4. *Pañcamahābhūtas* – Constructive blocks of The Universe
5. The Theory of Imageless Worship in Sanathana Dharma
6. Investigative Study On *Theyyam* And Impact Of Devotee
7. Significance of *Naivediyam* and its Impact on the Human Mind
8. Impression Of Human Personality According to the Bhagavad Gita
9. Bearing Of Ancient Education System on Students
10. Ancient Indian Ideology Of Trials and Punishments
11. Types and Nature of Mind According to Indian Culture – An Overview
12. Sense And Inner Sense, Impact on Mental Health
13. *Kumbha Melā* the Largest Gathering on Earth -An Illustration
14. Impact Of Culture And Religion On Indian Education System
15. Exploring Traditional Practices in *Upanayana saṃskāra* and Its Impact on Human Mind
16. Death In Indian Tradition – An Overview
17. Myth In Deepawali Festival- A Revelation
18. Impact Of *Sūrya Namaskāra* [Sun Salutations] on Mental and Physical Health
19. Connotations In The Concept of Lord Shiva - A Study Of Various Indian Scriptures
20. *Huttari* Festival, A termination of *Agrayanēṣṭi* the Vedic ritual
21. Role of women in traditional families – A Review
22. Impact Of Indian Traditional Marriage on Family Life
23. The Impact of Yogaasana on Student's life
24. Five Elements of Nature – A Study Of Existential Phenomena
25. Science Behind Ancient Indian Temple Architecture – A Review
26. A Study on Soul After Death In View Of Different Religions
27. The Legacy of *Theyyam - Kaliyattam*
28. Tribal Culture of Kerala – A Reference To Significant Tribes
29. *Kathakali* Art – A Study On Kerala Dance Form
30. Vistas of Chanting The Mantras
31. The Garuda Purana, Sacred Literature – An Overview
32. A Study On Ancient Trading System
33. Impact Of Traditional Dressing Style On Human Psychology – A Retrospective View
34. Rangoli In Indian Culture – An Illustrative Study
35. Yogic and Namaz postures - A comparative study

36. Significance Of *Shakun* In Indian Tradition
37. The Riddles Behind Brihadeeswarar Sanctuary
38. Impact of Buddhism on Indian Practices
39. The significance of *Pradakshina*- An outline
40. Yoga a Tool for Mental and Physical Health
41. Distortions In The Indian Scriptural Image Of Women – An Elucidation
42. Philosophy Inherent in Worshipping Nine Energies of Lord Durga – A Study
43. A Study On The Hindu Architecture
44. Sleep (*Nidra*) – The Essential Experience In Human
45. Investigation on the disintegration of Sanskrit words' interpretation in English translation
46. A Study on Indian Folk Paintings
47. The farmers are worshipers of nature - A study
48. An exploration of the Mysore painting-unveiling the
49. traditional stroked art form
50. Grihasta Dharma - A study
51. Exploring the Concept of 'Athiti Devo Bhava' in Modern Society:
52. A Study on its Relevance and Impact
53. A correlative analysis of Muslim and Christian marriage
54. Cultural revolution during Harappan Civilization
55. Analyzing the outcome of positive thinking through the lens of the Bhagavad Gita
56. Worshiping the Banyan: A Cross-Cultural Study of tree Worship
57. A Study on Jainism in Kerala
58. Influence of the Subconscious Mind on Human Instinct
59. Myths and Truths of Yoga in Sanathana Dharma
60. Child Marriage - Factors and its Problems
61. Impact of Western Culture on Indian Culture
62. Selfspiration – (Self +Inspiration) An Overview of Self-development in a Holistic Approach
63. Significance and Effects of Divine Weapons of Hindu Deities – A Study
64. A Royal Residence: An Analysis of the Amba Vilasa Palace
65. Study on the traditional wearing of Yakshagana
66. An Overview of Aarti in Indian Tradition
67. Theyyam The Art Form of North Malabar: A Study
68. Common Practices Performed in Hinduism and Islam – A Comparative Study
69. Dollu Kunitha, a Folk Art - An Overview
70. Rebirth and Liberation according to the Earned Samsara
71. Analysis of Temples Built By Vijayanagara Empire During Krishnadevaraya Reign
72. Study on the Magnificance and Mystery of Lepakshi Temple

73. Analysis on Entry into the Brindavana of Sri Guru Raghavendra Swamy Mantralaya
74. Study on Vahana's of the Hindu Gods
75. The Significance of Indian Astrology - An Overview
76. Reality of The Concept of Hell: A Study
77. Bhagavad Gita: Impact of Karma Yoga on Society
78. Ways to Adopt the Lifestyle of Shree Krishna
79. Arulmigu Sri Parthasarathy Swamy Temple, Thiruvallikkeni, Chennai- A Study
80. An Analysis of Kathakali
81. Usage of Ayurveda in Recent Days: A Study
82. Vedic Studies for Women: An Investigation
83. Study on Dance Sculptures in India Architecture
84. Study About the Customs and Practices Followed in Eeshanamangalam Sree Maha Vishnu Temple
85. Attening Higher State of Mind Through Yoga - A Study
86. An Analysis of the Role of Gunas in Ancient Indian Philosophy
87. Contribution of Indian Metallurgy to Architecture
88. Analysis of Hand Gestures in Bharatanatyam
89. Study on Traditional Food Culture in Indian Context
90. Exploring the Influence of Vastushastra on Architecture in Kerala: The Effect of Religion and Modernization
91. Study of Trigarta Ayudhjeevi Sangas
92. A Study of 14th-15th Century City Layout of the UNESCO World Heritage Site, Hampi
93. An Investigation on Mysteries of Memory
94. Indian Winter Cherry (Ashwagandha): Study on its Medicinal Purposes
95. History and Architecture of Meenakshi Temple - A Study
96. Architectur of The Chennakeshava Temple – An Overview
97. Ancient Indian Techniques for Stress Relief – An Overviwe
98. Rajasthani Architecture: A Study of Maru-Gujara Style
99. Moral Values Presented in Sri Bhashyam - A Study
100. Historical Study of Pandalam Palace
101. Adoration of Farmers God In Agricultural Fields
102. Methods and tools used in Parashara Krishi Shastra
103. An analysis of the association of Indian music with Sāmaveda
104. Study of The Guruvayure Temple and its Structure
105. A Brief Study of Tali Mahakshethram at Kozhikode
106. Kalpavriksha: Exploring its Role in Sanatana Dharma and Folklore
107. Tulsi -The elixir of life: An Analytical Study
108. Significance of Vaastu and Aagama - A Glimpse
109. An analysis of Upanayana and its role in Sanatana Dharma
110. Caste system in India: its impact in modern India

111. Study of Religious Symbolism: In Hindu Temples
112. A study on Pathenettampadi- The 18 golden stages
113. Mannarasala Sree Nagaraja Temple: A Case Study
114. Analysis of the Kuchipud Tradition
115. The effects of the Pampa Central Travancore River and its present state
116. Ayurvedic Approach: To Prevent Lifestyle-Related Diseases
117. Study of The Relation Between Musical Instruments with Indian Culture and Spirituality
118. Path and practices of Aghoris - A Study
119. Ancient Indian Martial Arts - A Study
120. The Study of Mystery Behind the Sand Dunes Covered the Talakada Temples
121. Black Magic - A Brief Discussion
122. Discovery of Tulunada Daiva
123. Practices of Kartika Masa: A Study
124. The Study on- Kodava Tradition and Tribes
125. Divine Mudra- An Inspiration From Classical Dance
126. History and Architecture of Thanjavur Peruvudaiyar Kovil
127. Conflict Between Onake Obavva And Hyder Ali – A Study
128. Impact of Modern Trend on Traditional and Practices – An Analysis
129. Evolution of Food Culture Among Newars of Sikkim
130. Prominent Behind Hindu Marriage - A Study
131. Socio-Cultural Appearance of the Kani Tribes in Kerala: A Study
132. A study of the Khasi Matrilinear Society
133. Analysis of Kodava Festivals
134. Architecture Study of the Swaminarayan Akshardham Temple
135. The Study Of Kanakadasa And His Devotional Adoration Towards Lord Krishna
136. Pathya and Apathya in Traditional Indian Diet – A Study
137. Baiga and Birhor - Study of Indian tribes
138. Significance of Navaratin celebration : A Study
139. Downfall of Indian Classical Dance
- 140.
141. Exploring Lakshmana's Dilemma in the Ramayana: An Analysis of Unconditional Devotion and Self-Sacrifice
142. Unknown Fact Of Melkote Temple – A Study
143. The Life of Nalvadi Krishnaraja Wodeyar and His Contributions – A Study
144. Sun Temple Konark: Marvel of Ancient India Structure
145. The Study of Kanakadasa and his Devotional Adoration towards Lord Krishna
146. Study on Preventing the Impacts of Climate Change on Goa's Bom Jesus via Rain in the Basilica

147. Feminism in Indian Scriptures:
148. An Analysis about Draupadi from Mahabharata
149. Ancestral Practices and Scientific Reasons behind -Indian Festivals
150. Magnificent life of Adi Shankara – A Study
151. Exploring the Splendid Architecture of Hoysala Empire in India
152. Significance of Charity In Different Religion
153. Worshipping Of The Chamundi Hill – An Exploration
154. Namibia culture : A Study
155. Feminism and Indian Cultures – An overview
156. The Vision of Kali in the Devi Mahatmya: The Narrative and the Philosophy